

# Stop and Reflect

August 2013

#### Issue: # 156

#### In This Issue

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Coaching Teams
Yin and Yang
The 1 minute gift
Gentle Interventions is out!

### The SUSTAINABILITY pick of the month:



Potato starch packaging for champagne - How cool is that!



Zen - by Mariam Tamborenea

#### Dear Reader,

# UPCOMING EVENTS Reserve the Date

Good Business
Makes the Difference
New York, October
8-9 2013
Find out more

Knowledge Management and ARL in Colombia With China's government and workers driving the shift toward sustainable business practices, what does the future hold for the rising economy? That is the question that led Wayne Visser explore for readers of the blog **Talkback**, produced by the *Corporate Social Responsibility Newswire*. His post, which we share here with permission, is part of the series *Searching for Sustainable Business*.

Enjoy the reading!

(And check out the **Quote of the Month** at the bottom - inviting you to Stop and Reflect...)

# Coaching Teams for High Performance

Find out more about the powerful design to become a High Performing Team



**Quick Links** 

### Yin and Yang: Striving For Sustainable Harmony In China

By Wayne Visser

I first visited China in 2008, where I presented at the China Europe International Business School (CEIBS) conference on Responsible Competitiveness, in Shanghai. I was also a judge for the Innovate China International MBA competition. My initial impressions were that - contrary to popular belief - in the medium to long term, China

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### Stop and Reflect Editor: Isabel Rimanoczy

Editor: <u>Isabel Rimanoczy</u> Co-Editor: Tony Pearson

### Start the Day with a Breath of Fresh Air



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may very well set an example for other countries and companies in terms of sustainability and responsibility.

A clue to my optimism came from something that William Valentino, CSR Director for Bayer in China, said to me:"Above all else, China prizes stability. And stability, in turn, can only be maintained under conditions of social upliftment and environmental improvement."

Despite labor conditions remaining a concern, human rights abuses are starting to become the exception rather than the rule, and I believe China's sustained economic boom is doing far more social good than harm.

#### Growth Hits Up Against Environmental Constraints

Reconciling its new-found addiction to growth with environmental constraints, however, may prove its most difficult challenge yet. Elizabeth Economy, author of The River Runs Black,



has studied China's environmental challenges in depth and believes the crisis they face is deep and intractable.

The facts she cited when I interviewed her for The Top 50 Sustainability Books, were sobering, to say the least. She told me China has 20 of the world's 30 most polluted cities in terms of air quality. Seven hundred and fifty thousand people die prematurely every year in China because of respiratory diseases related to air pollution.

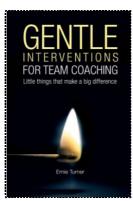
Water is another major challenge. China has only 25 percent of the world's average per capita availability of water. Something like almost 30 percent of the water that runs through China's seven major river systems and tributaries is unfit even for agriculture or industry, much less any form of drinking or fishing. Between five and 10 cities will completely run out of water by 2050.

China is roughly one-quarter desert, and the desert is advancing somewhere between 1,300 and 1,900 square miles per year. Furthermore, 10 percent of China"s agricultural land is contaminated with heavy metals and other contaminants. Read More...

### Give yourself a little gift

#### **Bach in a Japanese Forest**

#### It's Out!!



# GENTLE INTERVENTIONS for TEAM COACHING Little things that make a BIG difference

Have you wished there was a book with simple tools, that you could just read and try out next morning with your team, and that would be so powerful that it would qualify for the "best of the day" for everyone?

Wish no more and check out Ernie Turner's latest book with stories and tools that are powerful, simple and fun. <u>Click here</u>

#### **QUOTE OF THE MONTH**

You come into the world with nothing, and the purpose of your life is to make something out of nothing.

Henry Louis Mencken

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